

Get to know



Aging &
LONG
TERM
Care
OF EASTERN WASHINGTON





About Aging & Long Term Care

- Our **vision** is to provide the best home and community-based services to support healthy living and aging in place
- **Help** older adults and adults living with disabilities age at home
- **Serve** Ferry, Stevens, Pend Oreille, Spokane and Whitman counties

“Discover the resources you need to plan, prepare for, and support living independently for as long as possible.”



Community Living Connections

- Information, Assistance and Referral
- Options Counseling
- Benefit Enrollment Specialists
- Dental Care Access Assistance
- Check and Connect
- SHIBA - Medicare Public Insurance Counseling and Fraud Assistance



Additional Resources

Senior Services

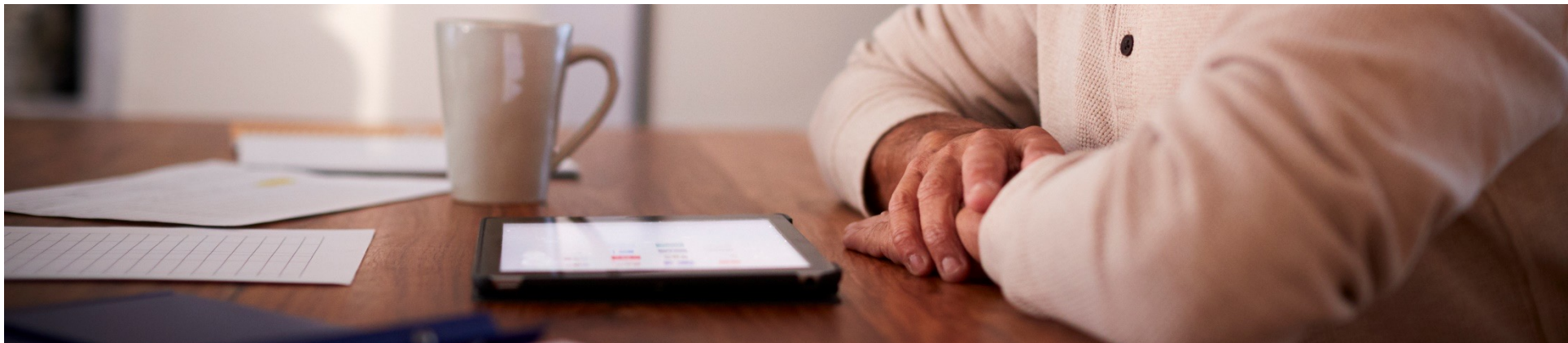
- Adult Day Services
- Bathing Assistance
- Falls Prevention Online classes
- Falls Prevention Phone Consultation
- Diner's Choice and To-Go Meals
- Home Delivered Meals
- Legal Assistance
- Minor Home Repair
- Transportation
- Farmer's Market Vouchers
- Online Senior Fitness Classes

Caregivers and Families

- Family Caregiver Support
- Medicaid Alternative Care
- Tailored Supports for Older Adults
- Powerful Tools for Caregivers (Online)
- Kinship Navigator and Caregiver Support

Medicaid Services

- Medicaid In-Home Case Management
- Veteran's Directed Home Care Case Management
- Home Care Referral Registry
- Health Homes Care Coordination
- Supportive Housing





Call to Access Services

Spokane County

Community Living Connections

509-960-7281

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<https://www.facebook.com/AgingLTC/>

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