

April 3, 2024 | 10:00-11:30 am

Meeting materials: <https://www.betterhealthtogether.org/bold-solutions-content/bh-forum-materials-april2024>

## Forum Overview

- BHT Staff Introductions: Hannah Klaassen (she/her), Sarah Bollig Dorn (she/her), Ethan Senn (he/they) – facilitators and staff team supporting the Forum meetings and contract work.
- \$1.2 million of integrated managed care funds from BHT. Board decision to hand off to the Forum to determine how to use to support BH workforce investments in Eastern Washington. Big bucket dollar amounts and small bucket decision-making determined through participatory budgeting process with Forum members.
- All are welcome to attend and participate in discussion. Voting members complete a membership agreement. One vote per member organization. Members are the decision makers. BHT provides facilitation and administrative support.
- We have until the end of 2025 to spend the full \$1.2 million dollars. We have currently allocated \$755,864 with \$448,042 remaining.
- [Guiding Principles](#) – adopted by Forum members to guide the work.

## Active Initiatives Overview

Initiative	Allocation	Notes
Behavioral Health Supervision Support	\$150,000	All funds allocated, contract work and reporting is ongoing.
Behavioral Health Internship Support	\$150,000	12 contracts in place, 1 in process, 2 available. Six-month reporting begins in April.
SUDP Alternative Certification	\$66,000	Six spots remaining. Contact Hannah if interested.
Community-based Workforce Training	\$47,000	Identifying MH First Aid trainings, other trainings of interest to E WA CHW Network members. Late spring training on environmental risks and childhood cancer. Planning a CHW conference for later in the year. Connect with Kim Wilson to learn more about the E. WA CHW Network: <a href="mailto:Kim.Wilson@BetterHealthTogether.org">Kim.Wilson@BetterHealthTogether.org</a>
CHW Training Program	\$75,000	Fourteen graduates completed training program in late March. One was dentist from Afghanistan who just got work authorization and is excited to join the workforce. Started fifth training cohort in April and have 15 participants. Let Kim know if interested in being a field placement/apprenticeship site. More information about

		the CHW Training Program at <a href="#">this link</a> .
SFCC Scholarship	\$207,864	Tuition support for first cohort of students through duration of the Bachelor's in Integrated BH program.
CPC Training and WRAP	\$60,000	CPC training in November 2023. April WRAP training filled up in 3 days. Additional WRAP: August '24 and Q1 '25.

## Thank You from SFCC IBH Students

- [Thank you letter linked here](#)
- Joe and Breyden attended meeting and read the thank you letter linked above. Both are in the integrated BH program and part of the student council.
- Joe: currently a clinical director for SUD treatment agency. IBH program has many pathways to be in the community and help in the community. Everything he's learned he's directly used in his job – relationships, communication, and more. Not having to worry about repaying tuition is a big relief. Future path: encouraged by friends and family to pursue a career in SUD treatment. Would like to continue building the treatment agency where he works going forward and possibly open an integrated treatment agency in the future.
- Breydon – earned an associate's degree at SFCC in 2021 and was excited about bachelor's program. Considered not going to college at all, but this opportunity was great and hearing tuition paid for made a big difference. Financial security, job opportunities, connections, and more. **W**orked as a caregiver for adults with I/DD and decided to go into social work field. Lots of hands-on work, mock counseling sessions. Loves talking to people. Future plans: hopes to get master's – won't have debt going into that program, and his goal is to become a licensed independent social worker.

## BHT Community Voices Council (CVC) Presentation

- The Community Voices Council (CVC) is a council of community members chartered by the Better Health Together Accountable Community of Health (ACH) Board of Directors. It provides feedback and recommends improvements and is actively seeking new members.
- [See slides at this link for full details.](#)
- Contact information: [heather@betterhealthtogether.org](mailto:heather@betterhealthtogether.org)
- Application link to join the CVC: <https://airtable.com/appPQ233o07AT9g4u/shrVtg5UuU2n1nC9c>

## Trauma-Informed Practice Training Discussion and Vote

- Suggested trauma training overview:
  - o Swan Innovations – Martina and Cree Whelshula, Native American cultural consultants and trainers that specialize in cultural resources, intergenerational trauma impacting Native Americans, and health and wellness content that aligns with Indigenous values and worldviews.
  - o Learning objectives focus on four large categories: knowledge-building, skills for service providers, skills for self care, and resiliency.
  - o Connects to trauma topics and DEI, both Forum priorities.
  - o BHT explore CEU credit in partnership with Swan Innovations
- Motion: approve up to \$16,500 in funding for Trauma Informed Practice training series from the \$16,500 from all workforce bucket with any unspent dollars going to the remaining balance bucket.

- Moved by Sean Wright. Second by Mary Beazer.
- Discussion/Questions:
  - What was the selection process for these trainers? Was a solicitation held? No solicitation process, but requested recommendations from Forum members and BHT partners. Swan Innovations was identified through that outreach.
  - Question about skill development and what that looks like. Part of the learning objectives identified in conversation with training entity.
  - Importance of experiential learning – not just a lecture format. This is part of the trainers’ approach.
  - Will there be an evaluation component? Yes, BHT will work with trainers to ensure this is included.
  - Recommendation to try this training, get feedback, and move forward based on participant experience. Could contract for additional training or explore options with others.
- Vote – motion passes
  - Yes: Dave Crump (SPS), Christi Lyson (IFD), Andrew Leonard (Peer Spokane), Keara Peltram (ESD 101), Sean Wright (LCSNW), Gail Kogle (OBHA Spokane Region), Becky Hammill (Passages), Tom Sargent (Lake Roosevelt CHC), Mary Beazer (Akin), Pioneer
  - No votes: 0
  - Abstentions: 0

## BHT CEU Provider Discussion and Vote

- Apply for approval (\$425 cost) from WA-NASW so that BHT can provide CEU credit for trainings. Would work with Swan Innovations for trauma training. Would be provided by trainer for MI training.
- Discussion/Questions:
  - Which credentials will this work for? licensed social work, marriage and family therapy, licensed mental health counseling.
  - Question about SUDP credential. Answer: BHT/trainers can work with training providers to support SUDPs with documentation needed as outlined by DOH. More information about SUDP continuing education at [this link](#).
  - More information at this link: <https://naswwa.socialworkers.org/Professional-Development/CE-Providers>
- Motion 1: To approve \$425 for 2-year unlimited CE provider application for BHT through WA-NASW from the CEU Provider Certification bucket.
  - Moved by David Crump (SPS). Seconded by Andrew Leonard (Peer Spokane).
  - Yes votes: David Crump (SPS), Sean Wright (LCSNW), Andrew Leonard (Peer Spokane), Becky Hammill (Passages), Gail Kogle (OBHA), Christie Pelz (Partners), Tom Sargent (LRCHC), Mary Beazer (Akin), Pioneer
  - No votes and abstentions: 0
- Motion 2: To move \$75 balance from CEU Provider Certification bucket to the Remaining Balance bucket.
  - Moved by David Crump (SPS), Second by Andrew Leonard (Peer Spokane).
  - Yes votes: Mary Beazer (Akin), Becky Hammill (Passages), Keara Peltram (ESD 101), David Crump (SPS), Andrew Leonard (Peer Spokane), Gail Kogle (OBHA), Christie Pelz (Partners), Tom Sargent (LRCHC), Pioneer
  - No votes and abstentions: 0

## Motivational Interviewing Training Discussion and Vote

- Suggested MI training overview:

- Casey Jackson / IFIOC – recommended by multiple Forum members. Willing to customize based on Forum recommendations. Background in clinical work, and excited to support BH providers and the community-based workforce in our region.
- Progressive training series proposal from beginner to competence to fidelity. To reach measurable competency in MI, research shows that professionals need specific fidelity coding/coaching (not just training sessions but implementation into practice). Per Casey – recommends coaching cohorts rather than a Train the Trainer approach to support full implementation.
- CEUs available for WA licensures (SUDP, LICSW, MHP, etc.)
- Trauma-informed and DEI-informed training content and methodology
- Importance of good data to demonstrate efficacy, support future investments.
- Discussion/Questions:
  - How will participants be selected? (first come/first serve, allotment per agency) Importance of thinking about a fair way to allow each agency that is part of the Forum to have a set number of seats.
    - BHT will create a registration plan to support fairness in participation across organizations and will share updates with the Forum going forward.
  - Affirmation for experience with Casey as a trainer. Lots of people from represented organizations will be interested in attending these trainings.
- Motion to approve up to \$100,500 in funding for a Motivational Interviewing training series contract pulling from the following categories: \$50,000 from the Clinical Workforce bucket and \$50,500 from the All Workforce bucket with any unspent dollars going to the Remaining Balance bucket.
  - Moved by Dave Crump (SPS), second by Mary Beazer (Akin)
  - Yes votes: Andrew Leonard (Peer Spokane), David Crump (SPS), Becky Hammill (Passages), Tom Sargent (LRCHC), Mary Beazer (Akin), Gail Kogle (OBHA), Pioneer
  - No votes, abstentions: 0

### Offset Billable Hours Bucket Brainstorm

- \$45,000 allocated to support training participation for those who lose billable time to attend training
- Discussion/brainstorm via Mentimeter
  - See [April Meeting Slides](#) for notes

### Closing

- Next meeting is June 5 from 10 to 11:30 am
- Connect with Hannah ([hannah@betterhealthtogether.org](mailto:hannah@betterhealthtogether.org)) or Ethan ([ethan.senn@betterhealthtogether.org](mailto:ethan.senn@betterhealthtogether.org)) to connect in the meantime.