

# BEHAVIORAL HEALTH FORUM NOTES

# September 7, 2022 | 10:00-11:30 am

Meeting materials: www.betterhealthtogether.org/bold-solutions-content/bh-forum-materials-sept2022

#### 10:00-10:05 Welcome back!

Please update your Zoom name to include your pronouns and your organization. Thank you!

# 10:05-11:10 Participatory Decision-making

# Summary of Participatory Budgeting & Brainstorming results

- Quick Review: How We Got Here (Reminder of participatory budgeting process and allocation results)
  - 2021 identified three "Big Bucket" categories for \$1.2 million allocated for the BH workforce: Workforce Retention & Expansion, Training & Education (Evidence-Based Practices), Peers & CHWs
  - 2022 spring
    - Transitioned from BHT advisory group to self-governing body
    - Established a Charter & Guiding Principles
  - May participatory budgeting results
- Summer planning
  - Developed a menu of items within each big bucket
  - Conversations with E. WA CHW Network, BHT's Community Voices Council, partners from the Forum to solicit input, gather ideas
  - Identified specific areas for investment that we'll be discussing and voting on today
- Participatory Decision-making, 2 ways

Mentimeter link: https://www.menti.com/8q4nbeyhtp

**Helpful handout**: <a href="https://www.betterhealthtogether.org/s/BH-Forum-September-Handout-y649.docx">https://www.betterhealthtogether.org/s/BH-Forum-September-Handout-y649.docx</a>

- o We'll do this one bucket at a time
  - We'll go through the voting process three times, one for each of our big bucket categories: workforce retention and expansion, peers and CHWs, and evidencebased/promising practices
- We are going to make decisions two ways: prioritizing activities & level of funding
  - Start with an overview of the menu items, time for thinking/reflection using the worksheet and considering the guiding principles, and then voting
  - Step 1: rank choice of the sub-buckets
    - Highest priority to lowest priority



- Don't have to rank every item if you think an option shouldn't even be on the list submit your results without selecting that particular option
- Review results
- <u>Step 2</u>: "no to full" investment level
  - Full = full pot of funding in that category should go toward this option, meaning that everything else would be at zero investment
  - High = another option for expressing investment level without indicating a desire to allocate all dollars toward that one option
- Post-meeting voting options available

# Bucket 1: Workforce Retention & Expansion

- BHT walk-thru & worksheet review time
- Step 1 Menti vote
- Review & any discussion
- Step 2 Menti vote
- Questions/discussion:
  - SFCC Bachelor of Applied Science, Integrated Behavioral Health élodie goodman
  - Launching fall 2023 entirely online
  - Received grant to develop curriculum
  - Now in process of launching marketing current students & students from last 7 years from a variety of programs.
  - 15 students in first cohort \$45k would cover them for first year, \$90k for both
    - Foundation found an endowed scholarship funders for the future, after the first cohort
  - Q: Why is community college launching a bachelor program rather than work with current 4-year universities? Seems out of "scope of practice" for a 2 year college
    - We are working with Easter to develop pathway. Their BA doesn't include SUDP, which this does. Working on transfer credits for our BAS to their Masters. Ours is also a hands on applied science

### o Bucket 2: Peers & CHWs

- BHT walk-thru & worksheet review time
- Step 1 Menti vote
- Review & any discussion
- Step 2 Menti vote
- Questions/Discussion

Hallie Burchinal (she/her) Compassionate Addiction Treatment: I haven't been able to attend since founding CAT. Kim, what benefit would this bring to our



team if they were able to attend? We have two CHW's at CAT - both founding members. The rest of our team are Certified Peer Counselors/Navigators.

Kim Wilson, DOH, she/her: Hallie, the biggest advantage to participating in the networks (both E WA CHW & Spokane County Peer) is resources, info sharing, training, and connection to other CHWs/Peers, Also, individual and community advocacy. There is a meeting of E WA CHW Network this Thursday, 1-2:30pm if you would like me to forward you the invitation let me know (kim.wilson@doh.wa.gov).

#### Bucket 3: Evidence-Based Practices

- BHT walk-thru & worksheet review time
- Step 1 Menti vote
- Review & any discussion
- Step 2 Menti vote

# • Wrap-up & Next steps

- Summary/wrap-up activity
- o Folks not in attendance will send & give time to add their feedback
- BHT will build out straw proposals based on today, for discussion, feedback, and decisions in Oct & Nov

#### 11:10-11:15 Announcements

- See details here: <a href="https://www.betterhealthtogether.org/bold-solutions-content/bh-forum-materials-sept2022">https://www.betterhealthtogether.org/bold-solutions-content/bh-forum-materials-sept2022</a>
- CPC in October
- SUDP spaces still available
- Healing Washington, Together. WA BH Continuum of Care Panel
- Sen. Billig sponsoring MH forum at Central Public Library, Sept 14 at 5 pm
- Phoenix Transitional Housing looking for referrals, not currently at capacity. 6-month transitional housing program for adults. Mostly MH. Contact: Andy Puckett 509-232-7081

# 11:15-11:30 FFS HCA presentation

Yvonne Keller (FFS team) & Lucilla Mendoza (Office of Tribal Affairs team)