

Oct 5, 2022 | 10:00-11:00 am

Meeting materials: www.betterhealthtogether.org/bold-solutions-content/bh-forum-materials-oct2022

10:00-10:05 Welcome back!

10:05-10:45 Participatory Decision-making: September Results, Discussion, Next Steps

- **Overview and Framing (5 min)**
 - In 2021 we identified three “Big Bucket” categories for \$1.2 million allocated for the BH workforce: Workforce Retention & Expansion, Training & Education (Evidence-Based Practices), Peers & CHWs. Participatory budgeting process to allocate dollars within each of these buckets using the Forum’s Guiding Principles to inform decision making.
 - Reference: [Guiding Principles](#)
 - Over the summer we created a menu of “Small Bucket” items within each of these three categories, which we discussed and prioritized at the September BH Forum meeting.
 - Reference for list of Small Buckets: [September Helpful Handout](#)
- **Results, Discussion, and Decision-making in each Big Bucket Category (30 min)**
 - Results from September participatory decision-making:
 - 14 organizations/individuals participated as voting members
 - See linked handouts for full voting results (prioritization, investment level) and budget recommendation for discussion: [Tinker Sheet Excel](#) / [Tinker Sheet PDF](#)
 - We have some balance left in each Big Bucket category that we can distribute between the small buckets or leave for future allocation.
 - **Workforce Retention & Expansion (see Tinker Sheet handout linked above for September results).**
 - Discussion:
 - Though lowest priority in terms of ranking, the SFCC BAS Scholarship had the third highest number of first place votes and support that spread across the full range, so we recommend moving forward in with some funding for this menu item.
 - The Supervision Support bucket would provide funds to an agency providing SUDP supervision in order to meet required hours. BHT has experience providing these dollars as flexible funds – organizations could use to offset lost billing hours for internal supervisors or use to hire outside supervisor.
 - Need for supervisor training. This is a menu item in other Big Bucket categories.
 - Are there equity issues for the org stipends for practicum/internship bucket? Given the number of students needing internships, does this amount have an affect or would it make sense to put more money toward supervision support or another category?

- We'll look at design next – different possibilities in terms of how to distribute this money. Could prioritize support for students from different demographic backgrounds, rural areas, etc.
- Can put more money in the bucket if the group decides.

Workforce Retention & Expansion Voting (via chat)

Supervision Support (starting amount \$135,000)

- From Pam Brown : Increase to 150K
- From Sean Wright : \$150K
- From JStJohn : 150
- From Gail Goodwin Community-Minded Enterprises : \$150K
- From Esa Lariviere : I would support an increase, if possible
- From Kelli Miller : \$150
- From Benjamin Descoteaux, LRCHC : \$150K
- From Christie Pelz, Partners, she/her : Invest as much as possible

Note: clear consensus to increase this amount to \$150,000.

From Sarah Bollig Dorn (she/her) : Org stipends (starting amount \$125,000)

- From Ruta Nanivadekar (she/her) - Pioneer Human Services : To Sean's point, I would like to increase this number. Could we get up to 50 students?
- From Christie Pelz, Partners, she/her : Again, invest as much as possible to support BH org's investment in the future workforce.
- From Gail Goodwin Community-Minded Enterprises : Keep at 125,000
- From Benjamin Descoteaux, LRCHC : \$125K
- From Sean Wright : I think it's fine to start at \$125K but to maybe think about investing more as design becomes clear/emerging opportunities in 2023
- From Christie Pelz, Partners, she/her : BH invest tons into interns and newer clinicians, on an ongoing basis, because so many leave community BH after licensure. So, support this revolving door and expense to agencies.
- From Kelli Miller : Invest as much as possible
- From Esa Lariviere : Recommend that we keep it at 125 and assess level of response and efficacy during this initial implementation.
- From Pam Brown : 125
- From Ruta Nanivadekar (she/her) - Pioneer Human Services : I like the idea of assessing efficacy and having the budget to expand if it's working well
- From Pam Brown : Agree

Note: mixed opinions about whether to allocate more or hold at \$125,000. Group agreement to hold for now with the opportunity to assess and invest more in the future.

From Hannah Klaassen (she/her), BHT : SUDP Alt Cert (starting amount \$66,000)

- From Pam Brown : 66k
- From Sean Wright : I would defer to others who have more of a feel here
- From Ruta Nanivadekar (she/her) - Pioneer Human Services : I'm good with this number

From Christie Pelz, Partners, she/her : Agree
From Benjamin Descoteaux, LRCHC : agree with \$66K

Note: consensus to stick with \$66,000.

From Sarah Bollig Dorn (she/her) : Scholarship model (starting amount \$0)

From Esa Lariviere : Agree
From Benjamin Descoteaux, LRCHC : makes sense to hold in my opinion
From Sean Wright : Agreed
From JStJohn : Agree
From Mary Beazer (she/her) : Agree

Note: consensus to keep at \$0.

From Sarah Bollig Dorn (she/her) : Loan forgiveness (starting amount \$0)

From Benjamin Descoteaux, LRCHC : agree
From Esa Lariviere : Agree
From Pam Brown : Agree
From Sean Wright : Agree
From Ruta Nanivadekar (she/her) - Pioneer Human Services : agreed

Note: consensus to keep at \$0.

From Hannah Klaassen (she/her), BHT : SFCC BAS Scholarship (starting amount \$45,000)

From Esa Lariviere : I would like to increase this funding
From Ruta Nanivadekar (she/her) - Pioneer Human Services : Since we're not doing the scholarship model for existing staff, I would support investing more here. Support first couple years or support more students.
From Pam Brown : Is there a way to configure if there is enough funding to support the supervision needs after graduating. Is the student required to seek employment in Spokane following graduation.
From Sean Wright : I think increase makes sense so that students aren't waiting to see if they would get more support.
From Gail Goodwin Community-Minded Enterprises : Start at \$45K and assess
From Pam Brown : 45K
From Benjamin Descoteaux, LRCHC : 45K and assess
From Esa Lariviere : Please redact my suggestion to increase. I thought that we were discussing scholarships for employees working in the field.
From Benjamin Descoteaux, LRCHC : some of our organizations are not located in Spokane...
From Pam Brown : More specifically, the BHT region
From Christie Pelz, Partners, she/her : Support Pam Brown's comment, plus stay in community BH - which may be obvious here.

Note: mixed opinions on whether to increase or remain at \$45,000. Group decision to stick with \$45K with the option to re-assess in the future.

From Sarah Bollig Dorn (she/her) : Vote to move forward with Workforce R&E budget recommendation as presented

Workforce Retention & Expansion								
Item	Ranked Choice	Item priority	Admin Load	Menti calc	Budget Rec	Cost (low)	Cost (high)	
BH (inclusive of SUD) Supervision support continuation (10 or 15 partners)	1	High	Med	\$135,849	\$150,000	\$ 100,000	\$ 150,000	
Org stipends for Practicum/Internship (\$4k per student, 10 or 20 students)	2	High	High	\$125,660	\$125,000	\$ 40,000	\$ 80,000	
SUDP Alt Cert continuation (5 or 10 slots)	3	Med	Low	\$64,528	\$66,000	\$ 27,500	\$ 55,000	
Scholarship model for existing staff higher ed	4	Med	High/Med	\$81,509	\$0	\$ 100,000	\$ 250,000	
Loan Forgiveness Pilot	5	Low	High	\$57,736	\$0	\$ 100,000	\$ 250,000	
SFCC BAS Scholarship	6	Low	Low	\$74,717	\$45,000	\$ 45,000	\$ 90,000	
				\$540,000	\$386,000			
				Difference	154,000.00			

From Esa Lariviere : Agreed

From Gail Goodwin Community-Minded Enterprises : Yes move forward

From Sean Wright : Agreed

From Kelli Miller : Vote to move forward

From Ruta Nanivadekar (she/her) - Pioneer Human Services : Yes

From JStJohn : Agree

From Christie Pelz, Partners, she/her : Support Sarah's rec

From Benjamin Descoteaux, LRCHC : agree

Note: consensus to move forward with the budget as outlined above.

○ **Peers & CHWs**

▪ Information and Discussion:

- The HRSA grant mini model has been removed from consideration because BHT got the \$3 million grant to implement this fully over the next three years.
- The CPC training cost is approximately \$20K/training. BHT has experience funding these and working with partners to set them up.
- For the practicum/internship model pilot, which would help peers build skills after the initial certification training, some design work would be needed. This would be contingent on an organization or organizations being interested and willing to pilot a program.

Peers & CHWs Voting (via chat)

From Sarah Bollig Dorn (she/her) : CPC training (starting amount \$40,000)

From Pam Brown : Do we have information on the numbers of folks wanting to get the CPC certification statewide and align that with this item?

From Pam Brown : i.e. How many trainings do we need for the BHT area?

From Kim Wilson : I know that there is a waitlist for CPC trainings.

From Kim Wilson : Yes, they are increasing the # of trainings.

From Pam Brown : Split the difference and go with 3 trainings?

From Gail Goodwin Community-Minded Enterprises : I would support this level or add. It is difficult to get this training.

From Toni Mitzimberg - STHC : i think increasing this would be a good idea in order to pull people from the BH region off the waitlist

Kelli Miller : I like Pam's idea

From Benjamin Descoteaux, LRCHC : \$60K

Notes: at the State level, HCA did 74 trainings this year. The waitlist is 1200-1400. Group decision to increase the amount to \$60,000 in order to offer three trainings.

- **Next Steps (5 min)**

- Opportunity for those not in attendance to give input and vote – an email will go out this week with meeting notes.
- We will continue discussion and approvals of menu items in the Peers & CHW category and menu items in the Training & Education – Evidence-Based Practice category at the next meeting on November 2.
- Plan to begin releasing funding in early 2023.

10:45-10:55 MCO BH Access Survey – Megan Gillis

- Slides with Q1 2022 Statewide BH Access Survey results are posted online [at this link](#).
 - Megan Gillis from Molina is available to answer questions and receive comments: Megan.Gillis@MolinaHealthCare.Com.

10:55-11:00 Announcements and Wrap-up

- HCA Behavioral health provider cost and wage survey. The behavioral health provider cost and wage survey is now available. The survey is due Thursday, November 10. Visit the [HCA website](#) for more information. The survey is available to download under the “Behavioral health rate comparison project” heading.