



THEZONE IN THE NEIGHBORHOODS OF NORTHEAST SPOKANE PROJECT

Circle of Security® PARENTING SERIES

At times all caregivers feel lost or without a clue about what our child might need from us.

Imagine what it might feel like if you were able to
make sense of what your child was really asking from you.

The Circle of Security® Parenting™ program is based on decades of research about
how secure parent-child relationships can be supported and strengthened.

This free program provides support and knowledge for parents
as they navigate the emotional needs of their children.

You will be paid to participate!

Participants get \$10 per week for the first 4 sessions and \$15 per week for the last 4 sessions

**This is for caregivers who:
Have a child between the ages of 0-5
and live in the 99207 zip code**

Requirements

- Participants need to have access to technology with a webcam with stable connection
- For confidentiality reasons, participants need to limit who is in the room during group or wear headphones
- Participants cannot attend group while driving, at a store, or with a group of people
- The group sessions build on each other each week, so commitment to weekly attendance is required
- Handouts will be included in email invites each week
- Groups are for caregivers only, children should not be present (exceptions can be addressed)

Program Details- 2 Choices!

Offered Mondays or Tuesdays, from 6:00-7:30pm

Starts Monday Sept 28 or Tuesday Sept 29, 2020

This program is 8 weeks long

You must attend each session

Certificates presented to each family
that completes the course

Learning Objectives of the Training

- Understand your child's emotional world by learning to read the emotional needs
- Support your child's ability to successfully manage emotions
- Enhance the development of your child's self esteem
- Honor your innate wisdom and desire for your child to be secure

Want to Register?

Contact Jene Ray at the Zone Project

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