**DBHR COVID-19 call for behavioral health providers**

May 19, 2020

**Compassion Fatigue Tips**

* See slides for resources

**Statewide BH Forecast: May update** – Trevor Covington

* Created by DOH BH Strike Team based on literature review & informed by data
* Much more to be added over time
* Anticipate upward of 2-3million Washingtonians experience BH symptoms consistent with acute stress, anxiety, or depression in the next 6 months
* 17% increase in domestic violence, 25% decrease in other offenses
* Q&A
  + What is data telling us so far in the actual data? Seeing increase in suicide & DV?
    - Don’t have enough data yet on suicide, but starting to see spikes in suicidal ideation esp. among youth. Will be increased part of forecast going forward.

**ACH updates** – Susan McLaughlin

* Encourage folks to connect with their local ACHs, particularly to link to SDOH help & for support
* ACHs are – disseminating info; provide training & TA; address business impacts; act as bridge between clinical & community response; support programs to maintain community resiliency; connect community members to needed support; maximizing investments via local, state, federal resources; cultivate resources
* <http://www.washingtonach.org/>
* Q&A
  + Phones/internet resources for clients?
    - Varies by ACH. Recommend contacting your local ACH

**Updates from HCA –** Michael Langer, Deputy Director, DBHR

* See slides for full list of resources
* Suggest [Childcare Aware](https://childcareawarewa.org/families/) for info about childcare during covid-19
* Virtual Spring Youth Forum – Weds May 20
* Behavioral Health Institute Telehealth – [Training & TA](https://bhi-telehealthresource.uwmedicine.org/)
* First Certified Peer Counselor (CPC) virtual training was completed
  + Contact [peersupportprogram@hca.wa.gov](mailto:peersupportprogram@hca.wa.gov) with questions
* Washington Recovery Alliance (WRA) is holding [2nd annual recovery summit virtually](https://washingtonrecoveryalliance.org/summits/) on June 1
* [Governor announced](https://www.governor.wa.gov/news-media/inslee-announces-restart-all-medical-services-washington) state plan to open up clinical and dental visits with certain restrictions
* Wireless Hotspots map: <https://gis.wsu.edu/portal/apps/MapSeries/index.html?appid=e0881c1dd52e49ffa296e94597168f28>
* BH provider listserv: <https://www.thewashingtoncouncil.org/bhprovidersconnect/>

**Telehealth for program participants** – Evelyn Clark, DBHR

* Updated guide Telehealth Tips for individuals receiving services draft
* Made in collaboration with DBHR peer team
* Posted here: <http://www.betterhealthtogether.org/bold-solutions-content/hca-updates-covid-19>
* [Resources to Support Student Well-Being & School Safety](https://www.k12.wa.us/about-ospi/press-releases/novel-coronavirus-covid-19-guidance-resources/resources-support-student-well-being-school-safety)

**Q&A**

* Billing – are we able to use G2012 code for texting if it is longer than 10 minutes? If not, what code should we use?
  + Depends on if it’s turning into another service at that point. We would need additional information on that
  + Sometimes turning into an individual counseling session
  + If it’s turning into a different type of session, then you use the regular code with the CR modifier
  + Submitted question to email with details. Will follow up
* Is the telehealth tips document being mailed out?
  + Link & document sent out to DBHR listserv
  + Not doing large mailings during COVID, but possibility later if needed
* Telehealth waiver set to end May 23 – will extend beyond May 23?
  + Do not know. Working with DOH on WA specific things we’ve changed to support telehealth
  + The rest is with the fed right now. Waiting to hear something and will let folks know when we know.
* With the G2021 code, is this for clients only or can it be used for others? E.g. checking in with the parent of a teen client
  + Will get back with you. Guidance is written to check in with the client receiving services.
* For telemedicine, if a call is dropped, how is it billed?
  + Will get back
* Do we have guidance on when outpatient BH is opening back up?
  + At this point in time, we only know what Governor shared yesterday, related to elective medical & dental
  + Don’t have anything to share re: outpatient BH
* Should we stop providing telehealth services after May 23 if we don’t hear about the waiver?
  + We are working with DOH & fed to find out next steps. Telehealth isn’t going to be snatched away or turned off. Trying to get answers quickly so if we have to walk things back, we can dial back gradually rather than like an on/off switch