

9 January 2020 | 1:00-4:00pm
Better Health Together, 1209 W. 1st Ave.

WELCOME & INTRODUCTIONS

COLLABORATIVE LEADS

- Equity Project Updates
- 2020 Collaborative MOU

SPOKANE CCT

- 2020 Collaborative management funding
- CVC feedback & engagement
- Spokane Collaborative January agenda
 - Equity Facilitation Guide
 - Collaborative Network Survey
- Partner Showcase plan for 2020 (if time)

ADJOURN ALL

NOTES

ATTENDANCE: Karen Potts (Adams), Jenny Smith (NHHS), Dave Iverson (Ferry), Terry Titmus (Rural Resources), Steve Smith (SRHD), Ed Dzezy (Lincoln), Amy Cummings, Amber Johnson (SNAP), Stacy Wenzl (SRHD), Ryan Kiely (Excelsior), Kai Nevala (Unify)

PHONE: Kolleen Seward (Partners), Hayley Middleton (CBHA)

BHT: Hadley, Sarah, Reese, Shedaezha, Symetria

COLLABORATIVE LEADS

Healthy Kids Together update Shedaezha Hodge, Program Manager

- Looking for rural outreach opportunities
- Target population: Families & children who may be eligible for WAH or CHIP
- Please reach out to Shedaezha or Vivian Chalard, HKT Outreach Specialist

Equity Project Updates

- Stevens/Ferry – Terry Titmus & Dave Iverson
 - Medicaid eligible women of childbearing age – nicotine cessation
 - Nicotine replacement therapies, family treatment to follow
 - Coordinator that will work with both counties on this project

- Terry will share Project lead job description – Bachelor’s degree, two years’ experience
- Have the interventions been chosen? Focus groups through WIC referrals

- Lincoln - Ed Dzezy - # of days people who have reported feeling depressed by income
 - Finalizing plan in the next week
 - Job description drafted and ready to be advertised – housed in health dept., collaborative position
 - 18-month project rural davenport or Lincoln county – potential to contract out
 - Enhanced family structure, enhanced community structure

- Pend Oreille - Jenny Smith – 10th grade youth mental health
 - Junior high/HS students target pop.
 - Develop a youth council – schools
 - Community connectivity survey
 - Possibly have adult mentors
 - De-stigma related activities – all ages
 - Self-care/wellness activities
 - Peer specialist work – potentially refer
 - Now working on developing priority/task list – clearer metrics

- Adams - Hayley – Women’s preventative health – Increase women’s access to annual health exam
 - Care coordinator would assess barriers to annual visits
 - Sustainable
 - Hiring care coordinator that would cover both counties
 - Not sure where to house them yet

- Spokane Collaborative – three equity gap areas
 - Housing – rental vacancy rate targeting spec. neighborhoods
 - Ages 0-5 child abuse and neglect – same neighborhoods
 - Community facing ACES training
 - BH access
 - Workgroups in all three areas – starting this month they will start planning

- What form/plan document needs to be turned in to BHT for final approval?
 - Equity Gap Project Form! **SBD will send out**

Robert Wood Johnson Foundation grant

- Funding to evaluate the Spokane Collaborative equity work and the impact of community collaborative approach – SRHD will be evaluating. The grant includes a learning cohort with other 9 grant recipients. Will share back those learning with Leads!

2020 Collaborative MOU

- Proposing MOUs be the same for rural and Spokane
- Changes to “provide direct service” language to “serve Medicaid clients”
- Added “and implementation” added to Equity Project requirement
- Split Funding Discussion:

- What does “participation” in equity project mean? If we can use broad definition of “participation” than supportive (Lincoln).
- Splitting funding so that not all the dollars are upfront, adds teeth to expected participation
- Instead of splitting – offer halfway through or at end of process
- What about those that sign the MOU, get paid and then are not involved?
- Reporting can go BHT or to collaborative leads – evaluation helps to learn about collaborative success and lessons learned in process
- The reporting will take place within the collaborative, not outside of or quarterly
- Two different options – Split or all up front – Two different MOU’s

Final Decision on MOU next month

SPOKANE CCT

CVC feedback & engagement – Reese Holford

- Real time
- Every member said they would love to do ACES training
- Several members are community health advocates and will share the ACES training with their network
- Including neighborhood councils in any of your community engagement
- Spoke highly about the Responsibility Renters curriculum
- De-stigmatizing behavioral health within immigrant and refugee communities
- When doing “Mental illness is not an issue for impoverished people only”
- CVC members will be attending a mental health first aid training within the year
- Goal to create a rural CVC then meet with Spokane group
- Get members of the CCT to CVC meeting

2020 Collaborative management funding

BHT board approved 155k for collaboratives this year

Also 131k rolling over – unallocated from 2018 & 2019

Asking for 100k in 2020 for BHT management

Funding level for CCT member participation to be discussed next month when membership finalized

Motion: 100k for BHT Collaborative in 2020. Approved – no nays, Kai abstained

Spokane Collaborative Charter

- Written from November’s meeting – sticky note exercise
- Should consider formalizing a process for Conflicts of Interest
- “The collaborative, through a CCT liaison(s) and BHT staff person(s) will work closely with the CVC”
 - Add to the CCT governance structure section

Yes to charter – no nays or abstentions

Spokane Collaborative January agenda

Collaborative Connection Survey

- More frequent evaluation than the network analysis –
- Will assign now, 6 months, and 1 year from now
- 44 questions – quick in person and online availability

- Used to evaluate efficacy of collaborative work at strategy level and whole collaborative level
- RWJ will be interested in seeing how collaboration changes and grows in this meeting

Equity facilitation guide/project planning

Questions to ask workgroups:

- Who are the end recipients of your strategy?
 - Do we want to stick to place based initiatives? (zip codes)
 - Stacy recommends place based – remember we're piloting
- Revisit metrics June/July mtg. How do we measure if they're better off?
- ~~Who's missing from the table?~~ (have already had this conversation)
- How are we going to include input from the CVC moving forward?
- Consider the strategy – what steps do we need to take to get there?
- Do need to consider rough timeline with steps? Yes
- Who will be responsible for each step? Linkages back to dating game.
 - SBD Powerpoint + print speed dating cards
- Up to the groups to decide if they want to use all funds in 2020. They have an “up to \$” budget

Milestones sticky note exercise – re-order them after

- Column: high level activities – what to include in the milestones
- Column: timeframe month maybe?
- Column: tentative interest in leading
- Support needed column? – have “parking lot” for needs, other ideas/thoughts

For potential project leads:

Include a slide of what to expect if you choose to be a project lead

- Rough estimate of time from project lead by week
 - CCT can discuss how to pay project managers
- “It's going to be a greater commitment than coming to the monthly meeting, room for negotiation”
- Need performance measures for the project leads
- What if there is more than one org. interested? Consider them partnering.
- BHT and data center will be available to support project leads
 - Can we use Zone Project as example?

Partner Showcase plan for 2020 (if time)

- Future agenda item - try to formalize this for the rest of the year