

Behavioral Health Forum

February 7, 2024



Agenda

- Welcome and Updates
- CPC/WRAP Update and Vote
- SFCC BAS Update and Request for Funds
- Training Discussion and Decision-Making
- Passages Respite House Presentation
- Announcements and Looking Ahead

Big Buckets	Dollar Amount
Workforce Retention & Expansion	\$540,000
Training & Education – EBPs	\$310,000
Peers & CHWs	\$230,000
Emerging Opportunities	\$123,906
TOTAL	\$1,203,906

Total IMC Dollars	Total Planned	Total Remaining
\$1,203,906	\$593,000	\$610,906

Behavioral Health Forum Guiding Principles

Support, enhance, and sustain current workforce opportunities and existing promising approaches.

Support organizations led by impacted populations and those with lived experience.

Responsive to community-identified needs and priorities.

Qualifying rather than competitive funding decision-making (based on eligibility criteria rather than ranking system).

Accessible: reduce/remove barriers to apply and access funding.

Adaptable: change over time as we learn.

Collaborative, using participatory budgeting and other participant-driven methods.

We make decisions that lead to a more diverse workforce in terms of demographics and roles.

We work to de-silo the behavioral health system and create alignment and collaboration across organizations.

Active Initiatives Overview

Initiative	Allocation	Notes
Behavioral Health Supervision Support	\$150,000	All funds allocated, contract work and reporting is ongoing.
Behavioral Health Internship Support	\$150,000	10 contracts in place, 1 in process, 4 available. Wide variety of funds use – hooray for flexible approach!
SUDP Alternative Certification	\$66,000	Five spots remaining. Contact Hannah if interested.
Community-based Workforce Training	\$47,000	Ongoing – supporting E. WA CHW Network training for members and other CBW
CHW Training Program	\$75,000	Ongoing - funding participation for trainees who aren't eligible for federal funds
CPC Training and WRAP	\$60,000	20 attendees in November Passages training. Re-allocation of funds discussion and vote.
SFCC Scholarship	\$45,000	Supporting first cohort of students. Report and funding proposal in February meeting.

Spokane Falls
Community College
**BAS-Integrated
Behavioral Health
Report and Funding
Request**



Training / Education

Background and discussion

Design Discussion

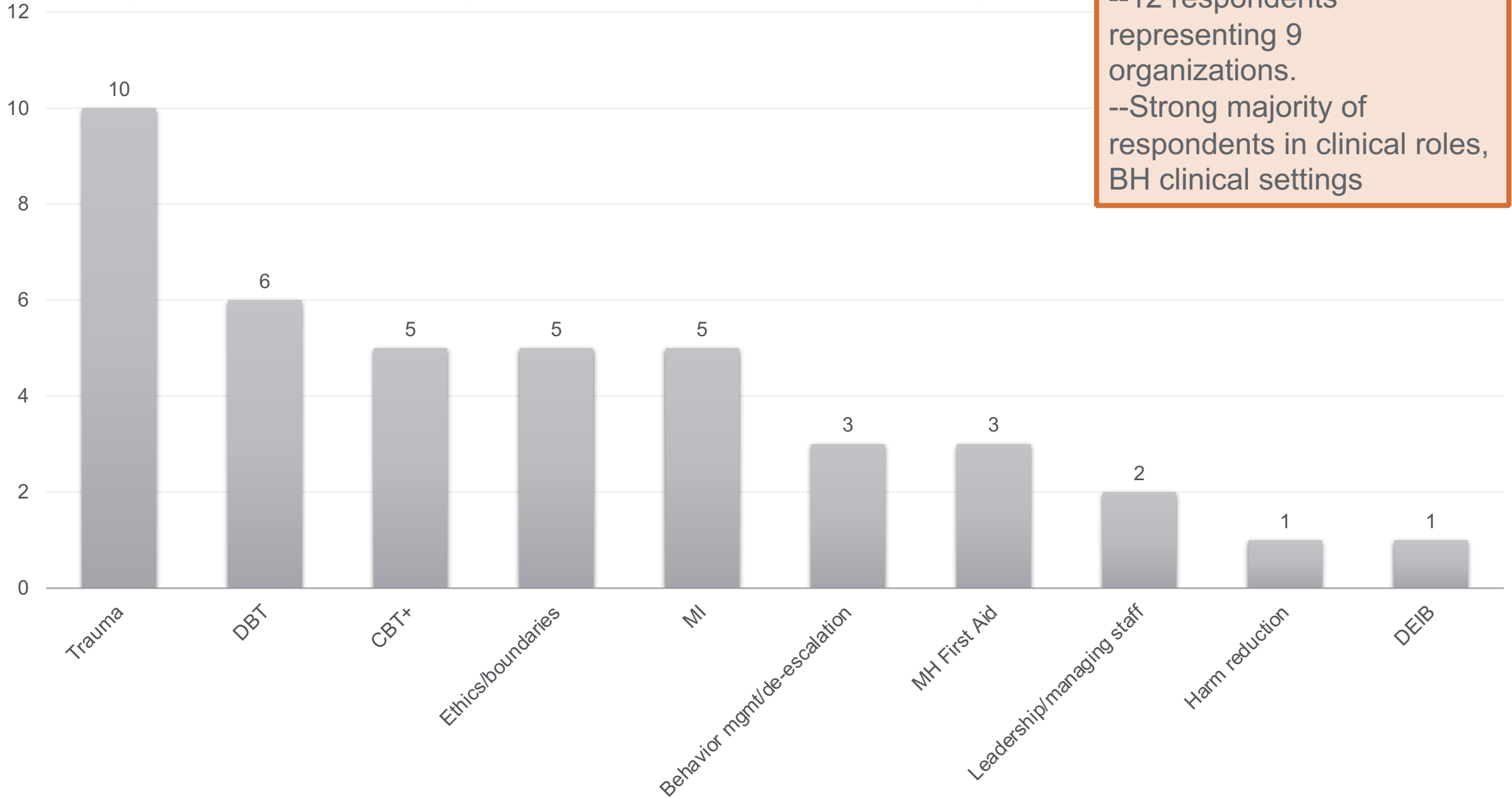
Training and Education (\$310,000)

Category	Allocation	Notes
All Workforce	\$75,000	No credential required, content relevant to most/all (CBW, clinical, administrators, etc.)
Clinical Workforce	\$50,000	Focus on training for clinicians (e.g. specific EBPs)
Train the Trainer Investment	\$75,000	Build regional infrastructure through opportunities for people to become certified trainers
Offset Lost Billable Hours	\$45,000	Support training participation by those who sacrifice billable time to attend.
BHT CEU Provider Certification	\$500	If needed to offer CEU as part of training, BHT can obtain certification.
Remaining Balance	\$64,500	

Training Planning – November Review

- Confirmation for previously identified priorities: trauma-related and Motivational Interviewing = top votes. Highly ranked training topics: DEI, leadership/managing staff, de-escalation/behavior management, CBT+.
- Structure: cohort, series, and ad hoc were all of interest.
- Schedule: the shorter the time frame the higher the interest.
- Format: in person = highest interest. Virtual also of interest.
- Frequency: quarterly and bi-monthly received highest affirmation.
- Other themes:
 - Multiple options of same training so different staff can attend while still covering organization responsibilities.
 - Importance of best/promising practices: emphasis on core therapeutic elements and improving treatment

High-interest trainings from the Wish List survey



Participation notes:
--12 respondents representing 9 organizations.
--Strong majority of respondents in clinical roles, BH clinical settings

Wish List & BHT Training Updates

- Organization wish list and region-wide wish list both had trauma-related topics, DBT, and motivational interviewing in their top three.
- Comments:
 - Lots of beginner MI options available, but people want more advanced opportunities to learn and put it into practice.
 - Interest in community of practice style programming – support, mutual learning.
 - Free trainings at all levels of behavioral health would be helpful. Finances are a barrier.
- BHT cross-program conversations and planning
 - Strong interest in trauma, MI across programs (CHW, Hub, Trueblood)
 - Opportunity to braid funding from Forum and other BHT program sources.
- Possibility for multiple opportunities for engagement or a suite of training options in priority categories: beginner, advanced, shorter longer

Discussion: Motivational Interviewing and Trauma Trainings

- Proposal: approve up to \$125,000 for region-wide training in these two categories
 - \$75,000 from All Workforce bucket
 - \$50,000 from Clinical Workforce bucket
- Remaining balance funds in Training and in Emerging Opportunities still available: \$64,500

Passages Peer Respite House Presentation



Wrap Up & Looking Ahead

Next Meeting: April 3, 10 to 11:30 am

Announcements

- Reentry Simulation on February 22