

Behavioral Health Forum

June 7, 2023



Big Buckets	Dollar Amount
Workforce Retention & Expansion	\$540,000
Training & Education – EBPs	\$310,000
Peers & CHWs	\$230,000
Emerging Opportunities	\$123,906
TOTAL	\$1,203,906

Behavioral Health Forum Guiding Principles

Support, enhance, and sustain current workforce opportunities and existing promising approaches.

Support organizations led by impacted populations and those with lived experience.

Responsive to community-identified needs and priorities.

Qualifying rather than competitive funding decision-making (based on eligibility criteria rather than ranking system).

Accessible: reduce/remove barriers to apply and access funding.

Adaptable: change over time as we learn.

Collaborative, using participatory budgeting and other participant-driven methods.

We make decisions that lead to a more diverse workforce in terms of demographics and roles.

We work to de-silo the behavioral health system and create alignment and collaboration across organizations.

Small Buckets

Currently Active / Planned

Design Discussion

Looking Ahead

Currently Active / Planned

BH Supervision Support

- \$150,000 allocated
- Current contracts with 10 organizations at \$10,000 each (5 awards still available)
- 4 new orgs and 6 returning orgs

SUDP Alternative Certification Coursework

- \$66,000 allocated, \$5499 per person to enroll at CCS
- 10 slots still available between two rounds of BHT funding

SFCC Scholarship

- \$45,000 allocated to support students in the Bachelor's in Integrated Behavioral Health – new program at SFCC
- First cohort starts in the fall
- SFCC financial aid and BAS faculty working on details for decision-making and administering dollars
- Will provide reporting to Forum in the future

Currently Active / Planned

CHW/Peer Joint Trainings

- \$47,000
- Handed off to E. WA CHW Network
- Topical focus: culturally specific, accessibility
- Working in the next few months to schedule identified trainings

Certified Peer Counselor / WRAP Trainings

- \$60,000
- Waiting on information from HCA about July-December training dates, Passages and BHT will schedule following calendar release
- WRAP training on hold while waiting for trainer recertification opportunities

CHW Training Program Funds (Emerging Opportunities)

- \$75,000
- Fund participation for CHW trainees who don't meet HRSA citizenship/resident requirements
- Community Comadres attended Latino Social Worker conference in Portland and planning to attend Spanish language CHW Core Training

Discussion & Design

Internship Support - \$125,000

Notes from Educational Partners

- Offer/emphasize Ballmer Behavioral Health Scholarship Program
- EWU = over 200 students placed each year, about 1/3 are in BH settings
- Gonzaga = 35-40 students placed each year, program fills annually with waitlists
- Current landscape: available slots meet the demand / student interest in BH placements
- Field education staff at both schools indicated that stipended internships would be helpful to students and may support interest in community behavioral health settings
- Current intern stipends/payments (very few include this option):
 - Some paid per direct client hour - \$22 to \$35 range
 - Some paid a small monthly stipend - \$150
 - Range from \$3,000 to \$5,000

Discussion & Design

Internship Support - \$125,000

Option 1: New Slots

- Initial idea in early Forum discussions
- \$\$ based on number of slots with set maximum per org
- Orgs contract with BHT
- One-year time frame
- Qualifying (not competitive) process

Option 2: Flexible Funding

- Organizations design according to internship program needs
- \$\$ is set total per org (like BH supervision)
- Orgs contract with BHT
- Flexible time frame
- Qualifying (not competitive) process

Option 3: Direct Intern Support

- Interns placed in qualifying settings apply directly for stipend
- \$\$ determined based on internship – different amounts for hours/program?
- BHT or schools manage administration
- Qualifying (not competitive) process

Future Discussion

Peer Supervision Support - \$40,000

Option 1: Training Series

- Work with HCA DBHR Operationalizing Peer Support team to organize a monthly or bi-monthly series of free trainings (virtual, in person, or hybrid)
- Fund trainer's time and in-person costs incurred

Option 2: Coaching

- HCA Operationalizing Peer Support office hours and weekly webinars are held regularly – build on these current offerings
- Consultant available to provide 1:1 or group coaching to supervisors
- Fund consultant's time

Option 3: Facilitated Conversations

- In-person opportunities for supervisors and peers to share directly, ask questions
- Fund stipends for participants (if not covered via professional role), space, food, offset barriers, facilitator

Future Discussion

Peer Practicum/Internship Pilot - \$50,000

Option 1: Health Care Apprenticeship Consortium

- Provide financial support / fund Eastern Washington Peer Counselor cohort through Apprenticeship program
- Determine number of spots/organizations based on funding, timeline, what funds would cover

Option 2: Forum Design Process

- Small group of Forum volunteers design pilot model to share with the group in the fall

Future Discussion

Training/Education

- Three categories: All workforce, masters/clinical workforce, train the trainer
- Results of December votes on training topics:
 1. Trauma
 2. Diversity, Equity, Inclusion, and Belonging
 3. Leadership/Managing Staff
 4. Harm Reduction
 5. Ethics and Boundaries
- Results of December vote on specific training:
 1. Motivational Interviewing
 2. Managing Aggressive Behavior
 3. CBT+
 4. DBT
 5. Mental Health First Aid
- Send specific training recommendations to Hannah
- Plan for updates and discussion at future BH Forum meetings

Offset Lost Billable Hours

- Will develop proposals alongside training opportunities later in 2023
- Plan for discussion after training plans are established

Announcements