

Behavioral Health Forum

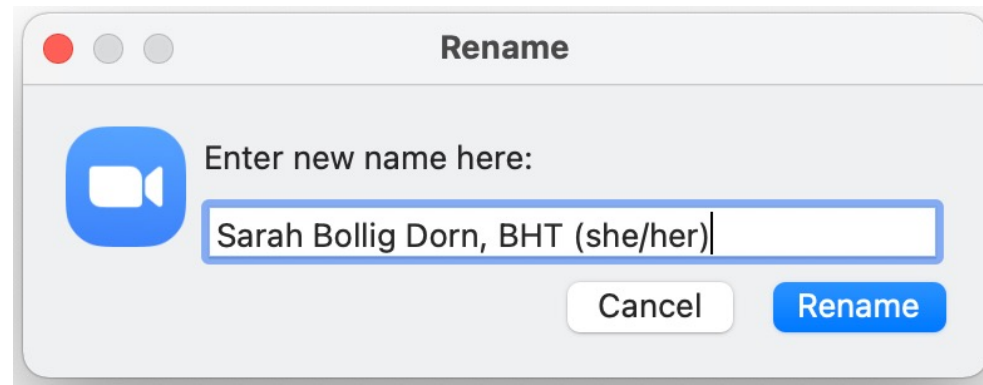
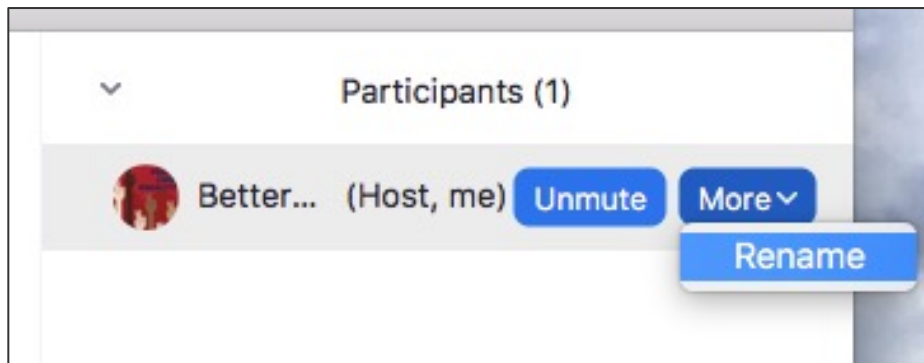


February 2022

Welcome & Introductions

Welcome to the BH Forum!

Please update your Zoom name to include your organization & pronouns
Thank you!



Celebrating 2021 Work



February 2022

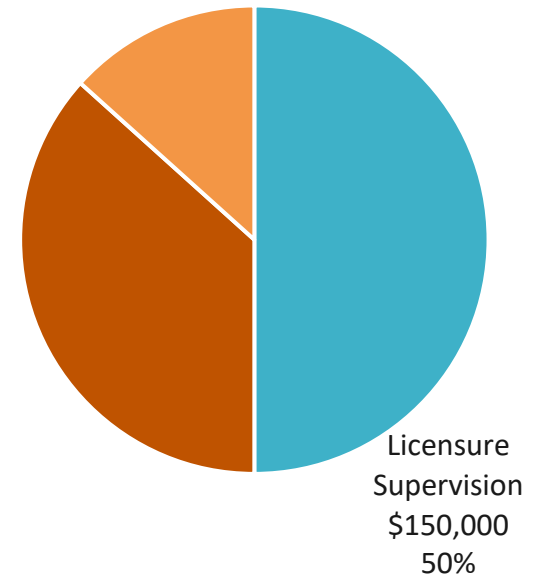
2021 Behavioral Health Investments

Licensure Supervision. Provide organizations with master's level staff with funding support for supervision so that the staff can gain critical licensure.

\$150,000 (~15 organizations)

- As of Jan 2022, funded 15 organizations for supervision support
 - 100% of funds have been accessed
- *Successes:* Initial reporting on investment in Q1 2022
 - Based on currently funding contracts, expect to support:
 - Approximately 70 clinicians receiving 2000 hours of supervision
 - 12 providers becoming clinical supervisors
 - License & exam fees paid for 30 clinicians

Behavioral Health Investments Allocation



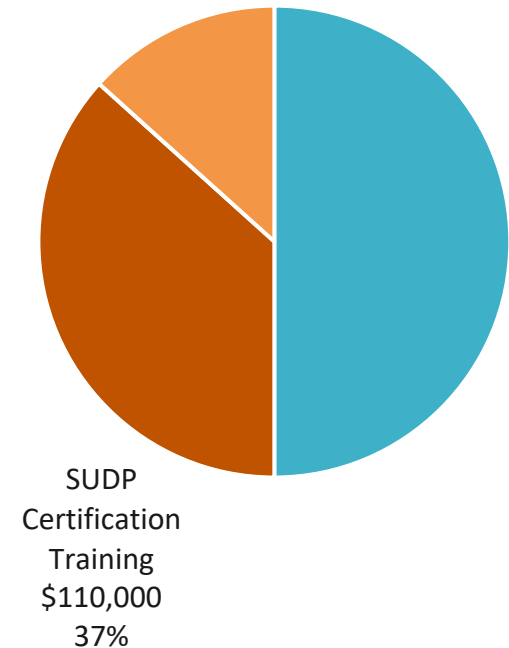
2021 Behavioral Health Investments

SUDP Certification Training. Expand SUD workforce by supporting mental health clinicians in completing SUD-Professional certification.

\$110,000 (20 clinicians)

- As of Oct 2021, 12 provider enrolled from 6 organizations
 - 60% of spots have been filled
 - Will continue program in 2022, rollover remaining funds
- *Successes:* Several enrollees indicated they would not have been able to afford this certification program without the funds from BHT, particularly during COVID.

Behavioral Health Investments Allocation



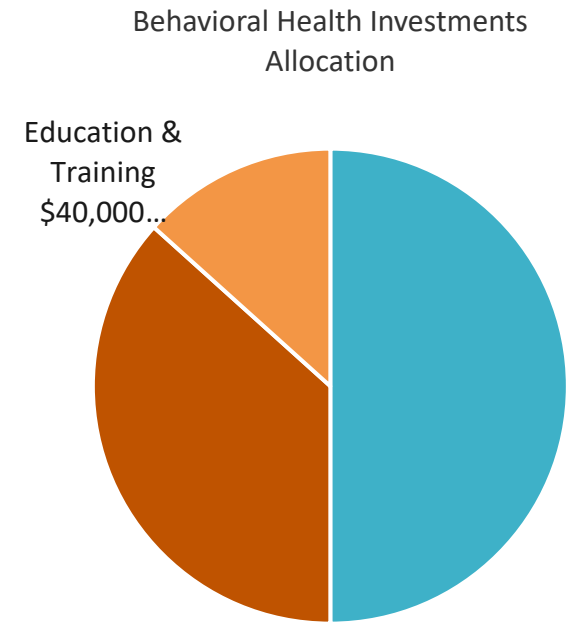
2021 Behavioral Health Investments

Education & Training. Expanding workforce through Certified Peer Counselor training.

\$40,000

- In Early 2022, support at least 2 Certified Peer training sessions specifically for BHT region via Passages.
 - At least 24 and up to 40 folks trained (online vs. in-person trainee caps)
 - BHT/Passages can set parameters on who enrolls
- Addressing two workforce bottlenecks:
 - Limited # of times training is offered in state
 - Limitations on who is selected for training because of limited offerings

Delayed kickoff - waiting on state approval, COVID impacts



Reimagining the BH Forum



Current structure

Currently convene Behavioral Health Forum as an advisory group

- BHT began convening our Behavioral Health providers during the IMC transition in 2018.
- Continue to gather as the Behavioral Health Forum to address challenges emerging from COVID and workforce issues. This includes discussion of how we can use the FIMC funds on workforce and other initiatives.
- The forum includes our BH and integrated PC partners (approx. 75% of contracted partners), the Spokane BH-ASO, MCOs, HCA, and other local organizations.

Proposing that this group becomes a self-governing collaborative, convened and facilitated by BHT.

Move to collaborative structure

Purpose of change

Build ownership and partnership around initiatives and govern funds collectively. Shifting decision-making power to partners, while most of the admin burden still stays with BHT.

Governance elements:

- Roles
- Decision-making processes
- Membership
- Fiscal guiding principles – *March discussion*

2022-23 Behavioral Health Investments

Available dollars: \$1,203,906

Board approved proposal for using the remaining FIMC funds in 2022-2023 to support needs identified by our behavioral health partners, including:

- Clinical workforce retention & recruitment
- Bolstering non-clinical workforce
- Ongoing training & education

Specifics of projects/pilots/trainings will be based on discussion and co-design with providers and impacted individuals about interests and needs.

The Board also approved funding to support BHT providing administrative capacity for providers and helping them build capacity internally; as well as continued administration of BH projects, contracts, funding, and BH Forum.

Timeline

Quarter 1, 2022

- BHT convenes the Forum to make decision on group structure going forward – governance, fiscal process, etc.

Quarter 2, 2022

- Participatory budgeting of allocated FIMC funds into buckets of work (identified via the forum, Q4 2021)
- Begin design of behavioral health initiatives within buckets of work

Governance discussion – Roles

What governance might look like:

- Forum body role:
 - Decision-making body
 - Subject- and ground-level- experts
 - Funding decisions – defining project funding levels and parameters for eligibility
- BHT role:
 - BHT serves as management organization, supporting facilitation, organizing, communication
 - Administering release of funds, contracts, reporting, evaluating outcomes
 - Funding decisions – evaluating eligibility of organizations for funding, based on parameters defined by Forum

Governance discussion – Decision-making

What governance might look like:

- Decision-making process:
 - Seek consensus on decisions through facilitated discussion
 - Use a general quorum vote from partner organizations in attendance (one vote per organization) – up/down? fist-to-five?
 - Funding decisions made through collective processes, such as participatory budgeting
 - Imbedding equity
 - Other suggested processes to consider

Governance discussion – Membership

What governance might look like:

- Membership:
 - Defining eligible voting members (& non-voting members?)
 - Organizations serving Medicaid clients with behavioral health needs (inclusive of integrated and social agencies)
 - OR
 - Organizations providing behavioral health services to Medicaid clients
 - In the BHT region / serving clients in the BHT region
 - Where do state-level agencies & organizations fit?
- New members are welcome at any time? Set group for X timeframe?

What's in the wind?



Rapid fire thoughts

What is the context we are working in this year?

- What is coming up or in the works that we should be aware of?
- Opportunities for alignment?
- Policy opportunities?
- Other thoughts

Last items



DBHR services/closures survey

HCA's Division of Behavioral Health and Recovery (DBHR) would like to know what behavioral health agencies are limiting services due to the continuing pandemic and/or workforce challenges. Our agency would like to fully understand capacity issues for referrals, providers, and staff.

What would HCA like to know?

If your agency has closed due to pandemic or staffing issues, please email hcaadultsuddbhr@hca.wa.gov and provide:

- The primary reason for closure and estimated duration?
- If you closed due to Covid
- Workforce shortages, beyond Covid
- Planned closure from _____ to _____

Thank you for your efforts in this matter and continuing to provide service during these difficult times!

Upcoming BH Forums

March

- Fiscal guiding principles
- Review of buckets of potential work

April

- Budgeting process (allocating FIMC funds into buckets of work)

May/June

- Design of behavioral health initiatives within buckets of work
- Planning the programs/projects/initiatives/RFPs

July and onward

- HCA Integrated Care Assessment tool
- Other to be determined