Population Health

STRATEGIC AIM

Invest in upstream prevention efforts to improve all aspects of health for the whole population.

RESULT: Disrupt the intergenerational transfer of Adverse Childhood Experiences (ACEs)

INDICATORS:
- » % of adults reporting 3-8 ACEs
- » % population aware of ACEs concept
- » % of adults with high protective factors

STRATEGIES:
- » Educational campaign to raise awareness of ACEs and their effects
- » Champion Trauma Informed Care practices
- » Work with pregnant mothers with high ACEs

RESULT: Control and prevent Type 2 Diabetes

INDICATORS:
- » # Adults without Diabetes who have been told they have prediabetes
- » Adults with adequate access to opportunities for physical activities
- » Controlling high blood pressure
- » Comprehensive Diabetes Care (HbA1c) Poor control
- » Comprehensive Diabetes Care: Blood Pressure Control

STRATEGIES:
- » Advocate for policy which supports healthy choices, like a tax on sugary beverages
- » Increase opportunities for physical activities
- » Increase nutritional literacy

RESULT: Improve Oral Health

INDICATORS:
- » Adults missing 6+ teeth from decay
- » % of parents with a dental home
- » % Adults who received routine care
- » % High Risk - Caries Risk Assessment

STRATEGIES:
- » Establish "prevention pool" for non-emergent dental needs
- » Increase parent enrollment in dental home

RESULT: Increase age appropriate immunization rates

INDICATORS:
- » % of Adults who receive flu immunization in last 12 months
- » % of Children 19-35 Months with complete vaccination record on file
- » % of K-12 students with exemption from immunizations

STRATEGIES:
- » Implement school based education for parents who do not immunize
- » Increase place-based immunization opportunities

RESULT: Prevent unintended pregnancies

INDICATORS:
- » % of unintended pregnancies
- » % of schools with comprehensive sex ed
- » % of birth control use
- » % with access to all types of birth control
- » % of teen's pregnant

STRATEGIES:
- » increase # of schools with comprehensive sex ed
- » Increase access and awareness of all types of birth control
- » Educate about healthy relationships

RESULT: Prevent eCig, Tobacco, and Marijuana usage, and increase cessation support

INDICATORS:
- » % pregnant women using products
- » % Youth in grades 6,8,10,12 who smoke one or more times a day
- » % of minors with access to Triangulum substances

STRATEGIES:
- » Increase opportunities and supports for cessation, and coordinate efforts between providers and clinics.
- » Decrease access youth access and exposure to Triangulum substances
- » Target parents who use Triangulum substances for education about having products in home and the health effects for kids

RESULT: Prevent Environmentally Induced Asthma

INDICATORS:
- » % of hospitalization, ER, and/or urgent care visits from asthma
- » % diagnosed asthma cases resulting from environment
- » TBD Housing Quality Metric

STRATEGIES:
- » Home visits for asthma to check housing quality
- » Reduce rates of parents who smoke in home
- » Housing rehab for patients with asthma

Social Determinants of Health

STRATEGIC AIM

Develop strong community systems that link the social determinants to health care, to improve community health.

RESULT: Increase access and placement to stable and safe housing

INDICATORS:
- » # Homeless in our region
- » % recidivism rate for individuals in housing placement services
- » % Vacancy rate
- » % Rent Burden

STRATEGIES:
- » Diversion Programs
- » Education campaigns for tenant and landlord rights and responsibilities
- » Advocate for mandatory rental inspection criteria
- » Advocate for anti-income discrimination act
- » Link vocational training programs to rehab of old units
- » Target population transitioning out of jail
- » Scale community based care utilizing CHWs and Supportive Housing model

RESULT: Increase opportunities to stabilize income

INDICATORS:
- » % people living under federal 300% poverty level
- » % of adults who increase employment gains or non-employment cash income over time
- » % households with savings account

STRATEGIES:
- » Financial literacy classes in K-12 education
- » Increase opportunities for adult financial education
- » Increase supportive employment opportunities
- » Scale Community Based Care – link folks with a CHW who can navigate

RESULT: Increase access to transportation through innovative partnerships

INDICATORS:
- » % public transportation use
- » # missed appointments due to transportation,
- » # traffic related accidents, injuries, and death
- » % streets walkable or bikable
- » % ADA accessible

STRATEGIES:
- » Complete Street road planning which welcomes non-car transportation and ADA accessibility.
- » Integrate individual and family transportation assessment at all points of care
- » Collaborate with transit partners across the region to ensure transportation patterns reflect geographical health access

RESULT: Improve education attainment

INDICATORS:
- » % Graduation rates
- » % School discipline rates
- » # Teacher-to-student representation ratios

STRATEGIES:
- » Champion education for school providers in trauma informed care
- » Place nurses and/or CHWs in school to assess children and families and link to services
- » Increase before and after school supportive services
- » Increase cultural competency trainings in school, and advocate for school leadership that is representative of student population

RESULT: Increase access to healthy, affordable food

INDICATORS:
- » # of people entering hospitals as malnourished,
- » % living in food desert
- » % average sugar intake

STRATEGIES:
- » Mobile markets bring healthy food to food deserts
- » Scratch cooking in all schools
- » Increase opportunity for meal prep education, for kids and adults
- » Increase community gardens and greenspaces to integrate food production in urban centers
- » Scale community based care using CHW to link folks to food service and meal support

RESULT: Increase community access to socially supportive peer-groups.

INDICATORS:
- » % with feeling of support (Community Survey)
- » # funding for community events
- » % households close to community gathering space

STRATEGIES:
- » Increase opportunities for "Meet Your Neighbors"
- » Increase community gathering spaces
- » Directory of community support venues and groups
- » Increase civics education to increase community knowledge of policy process