

Behavioral Health Workgroup

Prepared by Spokane Regional Health District Data Center



Long-Term Goal

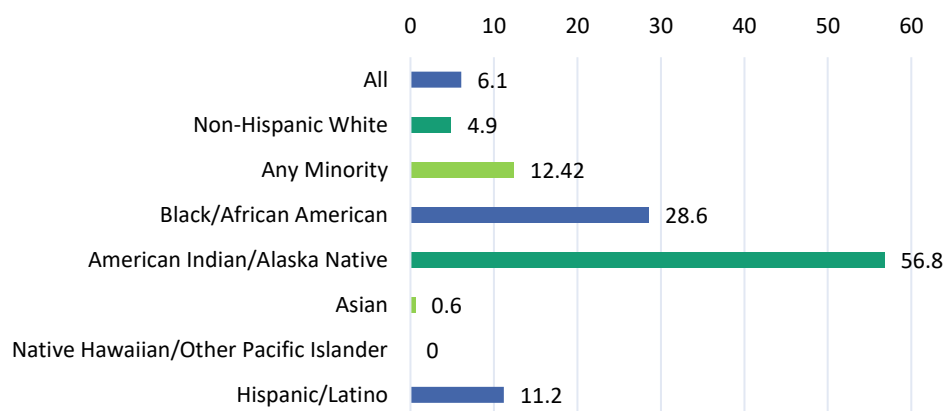
Increase access to community-based services for residents with behavioral health disorders.

Population Need

Residential and outpatient substance use disorder treatment rates are up to 9.3 times higher for certain people of color compared to the average for all groups. These disparities arise from structural inequities present in our community that impact access to behavioral health and early intervention, which could prevent people from needing substance use disorder treatment. The Behavioral Health Workgroup will address these inequities with an education campaign to reduce stigma and spread information about available resources.

Indicator

State Funded Outpatient Substance Use Disorder Treatment Rate per 1,000, 2017



Equity Gap

Outpatient substance use disorder treatment rates are up to 9.3 times higher for American Indians/Alaska Natives, 5.8 times higher for African Americans, and 2.3 times higher for Latinos than for all groups together.

Source: WA State Department of Social and Health Services, WA State Office of Financial Management

ACTIVITY

Education campaign to address stigma and educate on available resources, utilizing peer supports and CHWs to reduce stigma and improve connection to resources with a focus on target zip codes and recognizing disparity of race

Performance Measures

Coming Soon!

Highlights

- Comprehensive mental/behavioral health resource guide compiled and designed

Upcoming Work

- Resource guide to be printed and distributed
- Will be implementing community trainings with additional BHT funds

Participating Partners

- Peer Spokane
- Spokane Regional Health District
- Spokane Treatment and Recovery Services
- American Indian Community Center
- Compassionate Addiction Treatment
- CHAS
- Community Health Plan of Washington
- Frontier Behavioral Health
- Passages
- Partners with Families and Children
- Planned Parenthood of Greater Washington and Northern Idaho
- Spokane Public Schools
- YFA Connections
- YMCA
- Greater Spokane County Meals on Wheels
- Institute for Family Development
- Lutheran Community Services NW
- MultiCare
- NATIVE Project
- New Horizon
- Northeast Washington Education Service District 101
- Providence
- Riverside Recovery Center
- Spokane Fire Department CARES
- Spectrum
- The Zone Project
- Volunteers of America
- WSU Medicine