



The Foundation of Delta Dental of Washington

Free Oral Health Learning Opportunities

As part of Arcora Foundation’s mission to expand the arc of oral health, with no one left behind, we provide learning opportunities for different types of professionals. In doing so, we spread the messages that oral health is an important part of overall health and everyone deserves a healthy mouth.

To learn more about our free education offerings, please explore the course descriptions below and use the “Click here to access course” hyperlink to view the courses online.

Recorded CDE Webinars

Teledentistry 101 & COVID-19 Limited Evaluations

1 hour



Nathan Sutter, DDS. Many people face barriers to accessing dental care including the cost of dental care, fear, geographic distribution of dental offices, and linguistic/cultural barriers. Teledentistry is an opportunity to address these barriers by bringing dental care to community sites where underserved populations receive educational, social, and general health services and to link services provided in the community with dental clinics where more advanced services can be provided. This is a proven strategy to increase access to preventive services. [Here’s an overview of Teledentistry in WA.](#)

[Click here to access course](#)

(This webinar has been updated to include the necessary information to be responsive to the growing need for safe patient care during the COVID-19 pandemic. Including: remote services that are available, opportunities to address emergency dental demand, and new reimbursement methods.)

Continued on next page.

ADA CERP® | Continuing Education Recognition Program

Arcora Foundation is an ADA CERP Recognized Provider. ADA CERP is a service of the American Dental Association to assist dental professionals in identifying quality providers of continuing dental education. ADA CERP does not approve or endorse individual courses or instructors, nor does it imply acceptance of credit hours by boards of dentistry.

ARCORA

The Foundation of Delta Dental of Washington

Minimally Invasive Dentistry in the Age of COVID-19

1.75 hours



Douglas Young, DDS. In partnership with the Washington Association for Community Health, Arcora Foundation is proud to feature Dr. Douglas Young, DDS in a 1.75-hour webinar. He will discuss SMART Restorations Using Silver Diamine Fluoride & Glass Ionomer Cement. The techniques shared are applicable to patients of all ages.

[Click here to access course](#)

Oral-Systemic Health & Impact on Dental Treatment in Older Patients

2 hours



Bea Gandara, DDS. Arcora Foundation is proud to feature Dr. Bea Gandara, DDS, in a 2-hour webinar. She will discuss the impact of chronic conditions, long-term medication usage, and oral diseases that can create complex dental treatment needs for older patients. The techniques shared are applicable to patients of all ages with a special focus on older adults.

[Click here to access course](#)

Continued on next page.

ADA CERP® | Continuing Education Recognition Program

Arcora Foundation is an ADA CERP Recognized Provider. ADA CERP is a service of the American Dental Association to assist dental professionals in identifying quality providers of continuing dental education. ADA CERP does not approve or endorse individual courses or instructors, nor does it imply acceptance of credit hours by boards of dentistry.

ARCORA

The Foundation of Delta Dental of Washington

Educating Patients: Talking About Fluoride

1 hour



Matt Jacobs, BA; Rich Gibson, RDH, BS. In partnership with the Washington State Dental Association and the Washington Dental Hygienists' Association, Arcora Foundation is proud to feature this webinar.

Many patients are likely to read or hear inaccurate information about fluoride or fluoridation through web searches and social media. This webinar seeks to strengthen the ability of dental professionals to have brief, productive conversations with patients about fluoride to help them achieve good oral health.

[Click here to access course](#)

Self-Paced Courses

Oral Health Connections: Taking Care of Pregnant People & Patients with Diabetes

2 hours



Stored course. Oral health is essential to overall health. Poor oral health—specifically periodontal disease—can contribute to diabetes complications and has been associated with adverse birth outcomes in newborns. Improved oral health will help patients manage their diabetes and contribute to a healthy pregnancy.

This course highlights evidence-based guidelines for delivering dental care to pregnant people and patients with diabetes, including specific circumstances and considerations related to these two conditions.

[Click here to access course](#)

ADA CERP® | Continuing Education
Recognition Program

Arcora Foundation is an ADA CERP Recognized Provider. ADA CERP is a service of the American Dental Association to assist dental professionals in identifying quality providers of continuing dental education. ADA CERP does not approve or endorse individual courses or instructors, nor does it imply acceptance of credit hours by boards of dentistry.

ARCORA

The Foundation of Delta Dental of Washington

ADA CERP[®] | Continuing Education
Recognition Program

Arcora Foundation is an ADA CERP Recognized Provider. ADA CERP is a service of the American Dental Association to assist dental professionals in identifying quality providers of continuing dental education. ADA CERP does not approve or endorse individual courses or instructors, nor does it imply acceptance of credit hours by boards of dentistry.