

SPOKANE COLLABORATIVE

April 2021



People Acknowledgement

Every community owes its existence and vitality to generations from around the world who contributed their hopes, dreams, and energy to making the history that led to this moment. Some were brought here against their will, some were drawn to leave their distant homes in hope of a better life, and some have lived on this land since time immemorial.

Truth and acknowledgment are critical to building mutual respect and connection across all barriers of heritage and difference, so we begin this meeting acknowledging that we are on the ancestral lands of the Spokane Tribe of Indians and other tribes who are connected through a shared history of trade, celebration, and resources.

We make this acknowledgment to pay respects to their elders, past and present, whose knowledge remains on the land. Please take a moment to consider the many legacies of violence, displacement, migration, and settlement that bring us together here today. And please join us in continuing to learn about such truths and actions we can take towards restorative justice.

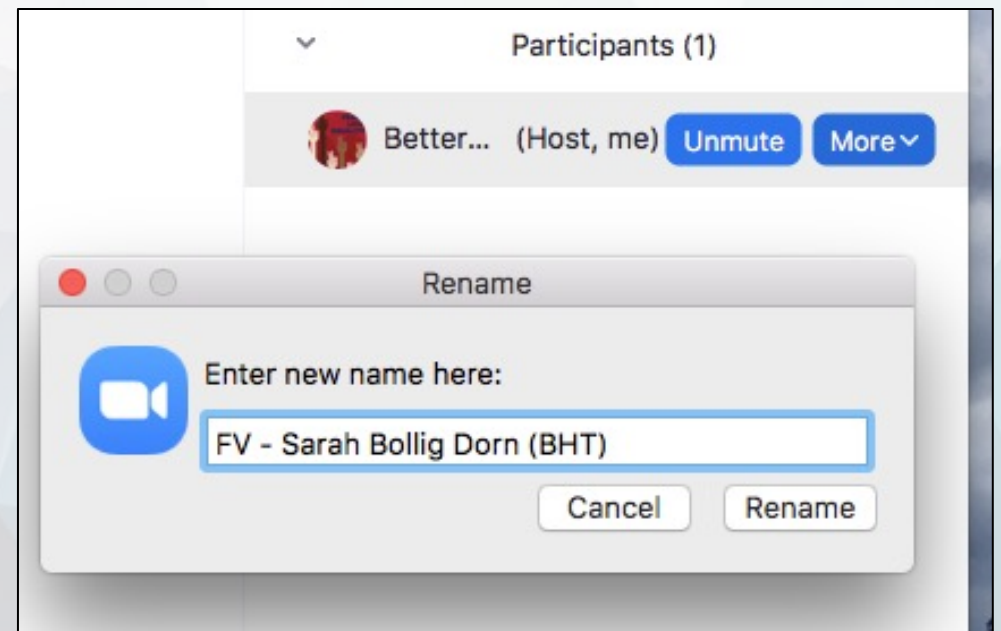
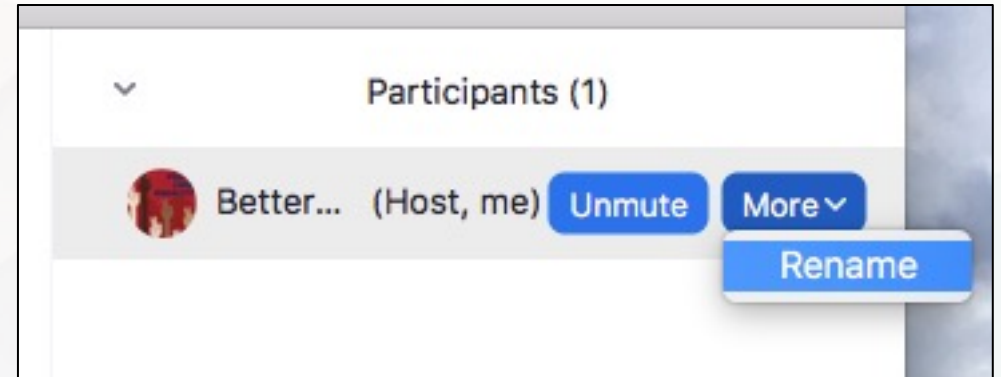
Introductions & Reminders

Update your name with workgroup & org name

- AH – Affordable Housing
- FV – Reducing Family Violence
- BH – Behavioral Health
- OH – Oral Health (*new!*)

Examples:

- AH – Amber Johnson (SNAP)
- FV – Sara Rodgers (Spokane Regional Health Dist)
- OH – Reese Holford (BHT)



Agenda

- Introductions & goals for the gathering
- 2021 MOU reminder
- Partner Showcase
- LOI launch
- Equity workgroup work time

2021 MOU – Reminder to submit!



SPOKANE COLLABORATIVE MEMBER SHOWCASE

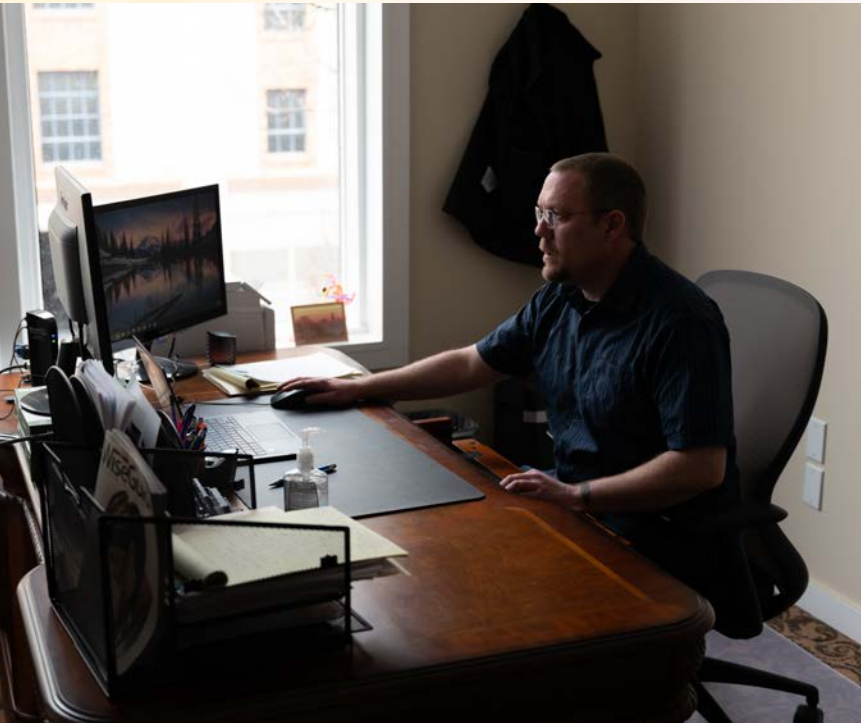




“Coffee date?”

- See an opportunity to connect/partner with this organization?
- Request a “coffee date” with this organization by following the link in the chat!
- <https://www.surveymonkey.com/r/coffeedate>
- A BHT staff person will help make your connection!

Get to know Peer Spokane!





SERVICES OF PEER SPOKANE

PEER COACHING

Peer coaches support individuals in recovery from:

- Addiction Issues (chemical/behavioral)
- Mental Health Challenges

(short/long term diagnosis, grief & loss)

SUPPORT GROUPS

Having the support of your community is essential for recovery. Find a group (or two!) that are right for you.

RESOURCE CONNECTIONS

Connect 1 on 1 with a peer that will walk beside you in your quest for resources in the community such as housing, medical & additional essential needs.

ASK US ABOUT SUPPORTED HOUSING





Peer Spokane

Key contact(s): Julie Hinkemeyer Program Manager

Email Address(es): Julie@peerspokane.org

Phone number(s): 509-867-3778

- What services does your organization provide?
 - Resources and Referrals
 - Peer Coaching
 - Peer Facilitated Support Groups
 - Supported Employment
 - Supportive Housing
- Please describe the target populations you seek to serve?
 - Adult 18 and up. Individuals' persons seeking recovery from substance abuse, mental illness, co-occurring challenges or chronic illness.
- How do you accept referrals? (e.g. can an organization call on a client's behalf?)
 - The client calls themselves, (self referral) or fills out new member application at peerspokane.org



Updates

- New hours open Monday- Saturday 9:00am – 7:00pm
- Responsible Renters Workshops
- Peer Employment Connections group
- Family Peer Navigator services open in May
- Peer Coaches have openings for all members
- All of our services are FREE to the community





KITCHEN



Get to know !





Key clinical contact(s): Davina York- WISE/Youth Peers Clinical Supervisor
Dan Fox- General Outpatient Services/FCS/Peer Bridger Clinical Supervisor
Heather Marshall- Intensive Residential Service Team- Clinical Supervisor

Email Addresses: dyork@passagesfs.org; dfox@passagesfs.org; hmarshall@passagesfs.org

Main Phone number: 509-892-9241

- What services does your organization provide?
Outpatient therapy, care coordination, peer support, WISE, mini-PACT, FCS, Peer Bridger, Health Home and working on a Peer Respite house.
- Please describe the target populations you seek to serve?
Adults, youth, and children age 3+ who qualify for Apple Health in Washington and Optum Medicaid in Idaho
- How do you accept referrals?
Self, MCO, or collateral provider

PASSAGES' PEER RESPITE HOUSE

- In late 2021 or early 2022, we will have operational one of Washington State's first Medicaid funded Peer Respite houses
- Peer Respite is a peer-designed, recovery oriented service that is staffed 24/7 by Certified Peer Counselors and designed for those 18 and older to serve as a resource when an individual is in the very early stages of experiencing challenging behavioral health symptoms.
- Peer Respite is designed to divert individuals from needing high levels of crisis care
- Individuals age 18 and older will be able to stay in the home for up to 7 days in a 30 day period
- HCA plans to extend the service to non-Medicaid enrollees at a later date
- Guests at the Peer Respite House must be able to conduct their own ADL's, cook for themselves, and can come and go as they please.
- Guest must have a permanent address to which they can return
- Guest must not be experiencing challenges with substances
- Supervision of the staff will be provided by a MHP who is also a Certified Peer Counselor
- Capacity will be 3-4 guests
- Individuals enrolled in MCO Medicaid funded services in Spokane County can refer themselves
- Providers may also refer; however, the service is completely voluntary
- Washington State's Peer Respite model has been greatly informed by the work done in the State of New York by People USA and their Rose Houses
- New York's Rose House Mission Statement:

The mission of the Rose House is to provide a 100% peer-run, home-like alternative to traditional crisis care that is welcoming, engaging, comfortable, empathetic, and has positive expectations for people's wellness. While there is no standard Rose House experience (each person designs their own stay), a successful Rose House stay generally produces a better understanding of what happened that caused the crisis, how to resolve the issues that led to the crisis, and knowledge of skills and accessible resources in the community that can help them in times of emotional distress.

Get to know Community Minded Enterprises



Recovery Cafe Spokane

Key contact(s): Christine McMackin

Email Address(es): christinem@community-minded.org

Phone number(s): (509) 960-8525

- What services does your organization provide?
 - We create a peer support network and offer continual support to those who have suffered trauma, homelessness, and mental health challenges to interrupt the cycle of addiction and intergenerational poverty.
- Please describe the target populations you seek to serve?
 - Anyone seeking recovery or already in recovery
- How do you accept referrals? (e.g. can an organization call on a client's behalf?)
 - They can call us or come down and share a meal and coffee with the community.

Recovery Support Services

Key contact(s): Dorothy Poppe

Email Address(es): dorothy@community-minded.org

Phone number(s): (509) 385-5266

- What services does your organization provide?
 - Recovery Support Services program strives to assist people in recovery to eliminate barriers to resources and services to help clients succeed in their individualized recovery journey using a person-centered approach
- Please describe the target populations you seek to serve?
 - People in recovery with opioid use disorders, substance abuse disorder, co-occurring mental health including clients on medication assisted treatment, and persons with a history of overdose
- How do you accept referrals? (e.g. can an organization call on a client's behalf?)
 - Anyone can refer to our program. They can take a business card to call us, stop by the office to get intake paperwork, when the paperwork is completed we will call to schedule the intake to be on one of our programs

Hands Across the Falls



- Hands Across the Falls is an annual event hosted by Recovery Cafe Spokane to celebrate National Recovery Month. Our cafe members, staff, volunteers and community supporters, gather in support of recovery.
- This year's event will be held Sunday, September 19th in Riverfront Park



Other Partner Shares

Mujeres in Action (M.i.A.) – Mujer Fortalecida
healthy relationship workshop

Special Mobility Services - upcoming
community forum

BHT Navigator team – ARPA one-pager

Others – open call



MUJER FORTALECIDA

¡HABLEMOS SOBRE TU SALUD!

CONVERSA CON MIA SOBRE TEMAS DE LA SALUD DE LA MUJER Y LAS RELACIONES SANAS.



UNA MUJER EMPODERADA ENTIENDE QUE PARA CUIDAR A OTR@S PRIMERO TIENE QUE CUIDAR DE SÍ MISMA.

Tomale foto:



TRES FECHAS A ESCOGER:

¡ACOMPañANOS!

Abril

Sábado 24
11am-12:30pm
4001 N Cook St

Mayo

Martes 29
9am-10:30am
4001 N Cook St

Martes 4
4pm-6:30pm
Zoom



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We now have more affordable health insurance options in Washington State due to the American Rescue Plan Act (ARPA)

- Beginning May 6, [new customers](#) can sign up for coverage on [Wahealthplanfinder.org](#) and receive the additional tax credits they may qualify for. The amount will depend on age and income.
- **Existing customers** – The new tax credit amounts will be applied to premiums beginning in June. However, June invoices may be received before the updates are reflected. Overpayments for June premiums will be credited to future months. For more information, please contact your carrier.
- **Receiving or eligible for unemployment income and you are uninsured?** You may be eligible to enroll in a Qualified Health Plan **with a low monthly premium**. You may be eligible for these savings even if you have not received unemployment income yet but are eligible in 2021. If you apply before May 6, you'll need to pay a pre-ARPA monthly premium, but that premium could be refunded when you file your federal taxes next year. If you apply **starting May 6, your monthly premium will be very low, and your coverage will be effective June 1.**
- **Are you working and your employer doesn't provide you insurance?** Is your income between 133% and 150% of the federal poverty level? You could be eligible to enroll in a Qualified Health Insurance Plan with low monthly premiums. (Monthly income 1-Person \$1,610; 2-Person \$2,177; 3-Person \$2,745)
- **Are you paying COBRA premiums for your health insurance?** The act pays for 100% of your COBRA premiums through September 30, 2021.

For more information contact:

The Navigators at Better Health Together
(509) 340-9008
www.betterhealthtogether.org/navigators



Other Partner Shares

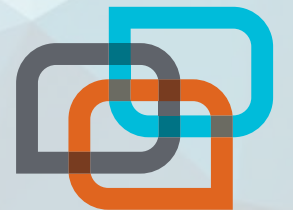
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POLICY ADVOCACY LOI



LOI LAUNCH

- Equity holdback bucket funds
 - \$65,000 allocated to fund policy related equity efforts
 - Collaborative Connections Team (CCT) will review applications at their monthly meeting
- [More information](#)
- [Application form](#)

EQUITY WORKGROUP WORK TIME



Workgroup agendas

Housing Workgroup

- Renters workplan & budget

Reducing Family Violence Workgroup

- No April workgroup

Behavioral Health Workgroup

- Resource guide final review
- Continue discussion on next project

Oral Health Workgroup

- No April workgroup