

April Spokane Collaborative Meeting

April 21, 2022



Spokane Collaborative
Connecting for a Healthier Community

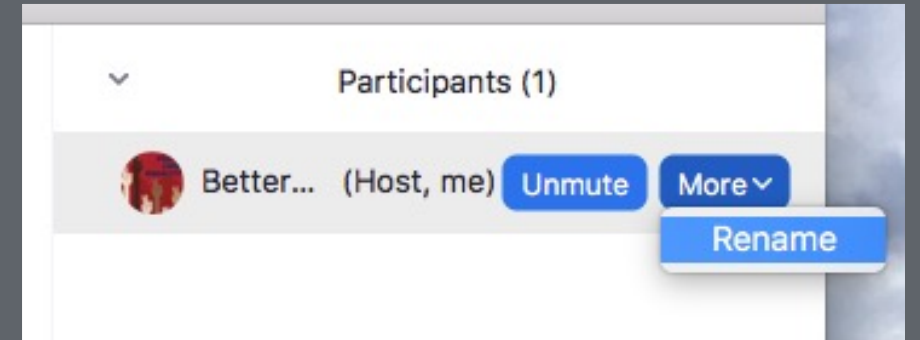
People Acknowledgement

Every community owes its existence and vitality to generations from around the world who contributed their hopes, dreams, and energy to making the history that led to this moment. Some were brought here against their will, some were drawn to leave their distant homes in hope of a better life, and some have lived on this land since time immemorial.

Truth and acknowledgment are critical to building mutual respect and connection across all barriers of heritage and difference, so we begin this meeting acknowledging that we are on the ancestral lands of the Spokane Tribe of Indians and other tribes who are connected through a shared history of trade, celebration, and resources.

We make this acknowledgment to pay respects to their elders, past and present, whose knowledge remains on the land. Please take a moment to consider the many legacies of violence, displacement, migration, and settlement that bring us together here today. And please join us in continuing to learn about such truths and actions we can take towards restorative justice.

Introductions and reminders



- Please update your name with org. name and preferred pronouns
- Ex. – Symetria Gongyin, BHT (she, her)

Meet your facilitators!

Better Health Together Staff & Support Team



**Symetria
Gongyin**

Program Manager,
Better Health Together



**Sarah
Bollig Dorn**

Assistant Director,
Better Health Together



**Amber
Lenhart**

Support Consultant,
CedarPlank

**Steve
Smith**

Support Consultant,
ThreeMaples

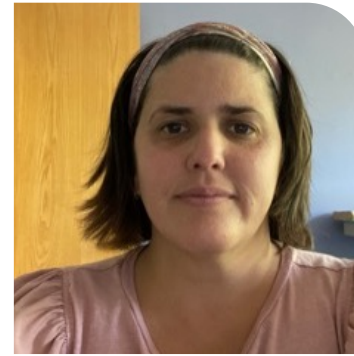
Meet the Collaborative Connections Team!

Leadership body of the Spokane Collaborative



Amy Cummings

Providence



Lynn Kimball

Aging & Long Term Care
of Eastern Washington,
Executive Director



Ana Trusty

Mujeres in Action

Natalia Gutierrez

If You Could Save Just
One, CEO

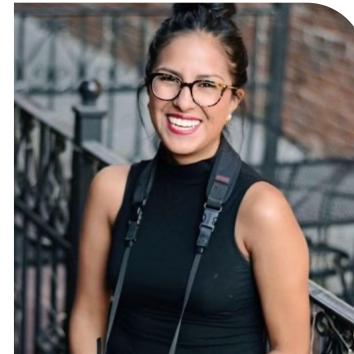
Meet the Collaborative Connections Team!

Leadership body of the Spokane Collaborative



Kolleen Seward

Partners with Families & Children, Substance Use Disorder Clinical Director



Danielle Wrenn

SRHD, Data Center Program Manager

Amber Johnson

Spokane Neighborhood Action Partners (SNAP), Director, Mission Support

Mitzi Guerin

Planned Parenthood of Greater Washington and North Idaho- Medical Affairs Director



Drew Comito

Excelsior Wellness

Sarah Foley

Spokane Fire Department CARES Team, Social Response Manager

Today's agenda and goals

- **Connect & network**
 - Warm up chat 1:1
 - Open call for shares
- **Community Needs Assessment Presentations**
- **Share out ten themes from Feb/March**
- **What to expect next month**
 - May 19, 1-3pm

Warm up chat 1:1

What are you watching on Netflix/another streaming service?

Partner shares

Request a “coffee date” if you see an opportunity to connect/partner with an organization in the Collaborative. A facilitator will help make your connection!

Partner shares will be included in a follow-up email as well.

Community Health Needs Assessment Presentations

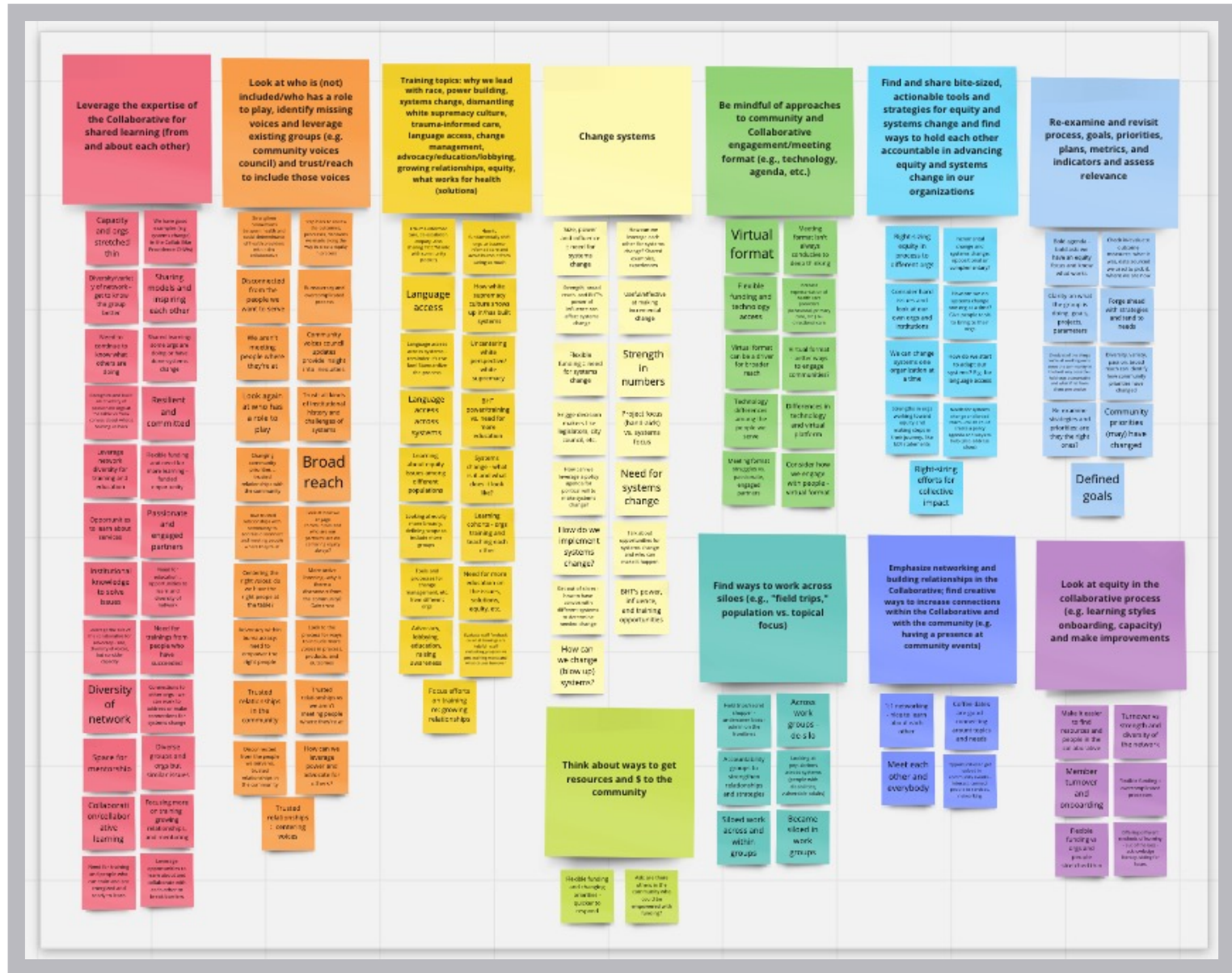
Danielle Wrenn & Brittany Bannon, Spokane Regional Health District

Ten themes from February and March reflections

Goal: Get familiar with the groups synthesized ideas, have a discussion on what System Change means to us

What we discussed in February & March

- Where do you see connections between our strengths and what's holding us back?
- How can we leverage our strengths to address what's holding us back?
- What does this tell us about topics we should consider for deeper training?
- What does this mean for our equity gap areas & strategies? What would be exciting?



The Miro board we used showing how many “stickies” are categorized in each theme

**Find ways to work across silos (e.g., “field trips,”
population vs. topical focus)**

Be mindful of approaches to community and Collaborative engagement/meeting format
(e.g. technology, agenda, etc.)

Look at equity in the collaborative process
(e.g. learning styles, onboarding, capacity – *and make improvements*)

**Emphasize networking and building relationships in the Collaborative and find creative ways to increase connections within the Collaborative and with the community
(e.g. having a presence at community events)**

Look at who is (not) included/who has a role to play, identify missing voices and leverage existing groups (e.g. community voices council) and trust/reach to include these voices

Training topics:

Why we lead with race

Power building

Systems change

Dismantling white supremacy culture

Trauma-informed care

Language access

Change management, advocacy/education/lobbying

Growing relationships

Equity

What works for health (solutions)

Leverage the expertise of the Collaborative for shared learning (from and about each other)

Re-examine and revisit process, goals, plans, metrics, and indicators and assess relevance

Find and share bite-sized, actionable tools and strategies for equity and systems change and find ways to hold each other accountable in advancing equity and systems change in our organizations

Think about ways to get resources and \$ to the community

Change systems

What to expect next month:

Will return to breakout rooms for a check-in on active projects and determine where to allocate/re-allocate funds

Thank you for attending today!

**Next meeting:
Thursday, May 19 1-3p**

Spokane Collaborative

Connecting for a Healthier Community